Restored Craft List

These are a suggested list of craft ideas that can go alongside and link into the themes which are brought out each session.

Most of these crafts have been accumulated over time and a lot of searching on the internet. Most are not original ideas. If you need any more information, you can find them online or can contact **becky.trinitychurcheverton@gmail.com.**

I realise crafts are often intimidating for many people. These are just crafts we have done in our Church context, but you can choose any craft which fits with your context and capacity. If you would like any craft ideas or other suggestions, please feel free to contact Trinity Church Everton.

These are only explanations of how we do the crafts in our context and you would need to do your own risk assessment in your ministry context for the crafts and activities you do.

We have listed some of the crafts we have done in the past and how we have linked them to the session. We have also listed a general list of crafts we have done over time in case these fit in better with the sessions in your context.

How we have linked crafts in the past:

Week 1 - Tamar

Mosaics - We smash plates and make mosaics with the pieces. We usually put the plates (bought from charity shops or donated to us) into closed bags and then drop them on the floor so that they smash. (As part of our risk assessment, we have protective eye gear and protective gloves just in case of sharp pieces. We then empty the bags into water to avoid any dust being inhaled).

If you have it in your budget, getting pre-cut mosaic tiles might be a lovely addition.

We use air-drying clay and push the pieces in until all the rough edges are secured. A simple circle can make a nice coaster, but you can also have shape templates for people to cut around if they would like to. We try and make sure everyone's sharp edges are secured under the clay. These can just be left to dry.

This is a quick and easy, and accessible way of making the mosaics but there are many ways!

The theme of this is 'Broken but not worthless'.

Alternative - An easier version of this would be a collage with old magazines.

Week 2 - Rahab

Newspaper Basket Weaving (a harder craft for those who struggle with fine motor skills and chronic pain)

This involves making a basket out of weaving long pieces of newspaper. You can find tutorials on online for how to do this. It only uses newspaper and cello tape.



An easier Alternative, Wool weaving bowls

This involves wrapping wool around a paper plate that slowly becomes a bowl as you wrap the wool around it. You can also find tutorials on online for this.

The focus of these crafts is that our past doesn't define us. God still weaves your past in his restoration plan for you if you put your trust in Him.

Week 3 - Ruth

Paper Beads and Jewellery - This is where you make beads for jewellery out of scraps of paper/magazines/junk mail. You choose your size of paper and roll it up very gently and tightly around a cocktail stick using glue stick to get it to stay. We do this around cocktail sticks. While they are still on the sticks you can glaze them if you wanted. We use Mod Podge, the shiny paper gloss version. Not everyone wants to glaze them.

You can make Jewellery as normal as well. Some people will be slower than others so may not manage to make many beads.

Week 4 - Bathsheba

Making your own paper - This craft may not be possible as it is a particularly time consuming craft and requires a wooden deckle, (these can be found on online), but you can just do another craft). It is really good for using reusable paper but if it isn't possible, card making is another excellent option. Often using magazines or junk mail in creative ways to decorate cards.

Week 5 - Ruth

Candle Making

We use old jars that people have washed and donated. You can buy soy wax shavings, the sticky pads and candle wicks online, or get them from a craft shop. You can melt the wax slowly in a microwave and the candles set guite guickly.

Before adding any wax, we decorate the outside of the jars.

The focus of this is reflecting on the truth that Jesus is the light of the world, he was Mary's hope, and he can be ours too. He can be our light in the darkness.

List of other craft ideas, all of those are on the theme of 'broken but not worthless':

- **Stone Picture Holders** This requires stones that can be painted/ decorated and wire that can be wrapped around them to create a photo holder.
- **Paper Chain wall hanging** This entails making paper chains and attaching them to a stick so the chains hang down in a pattern. This can be attached to the wall and make a lovely piece of art. This may need to be done over two weeks.
- Magazine bowls (a harder craft for those who struggle with fine motor skills and chronic pain) This is another wonderful craft that re-uses paper and magazines. It involves twisting the pages into a long, folded piece of paper and you slowly stick it into a spiral and it creates a bowl. Tutorials for this can also be found online.

- **Paper flowers** There are many different kinds of paper flower to learn and teach how to make, you can end up with a whole bouquet.
- **Decorating Plant Pots** We had basic plant pots which we decorated with scraps of fabric donated to us. We also decorated them with wool and ribbon. They could be used as plant pots or could hold the paper flowers made in a previous week.
- **Rag Rug** This was a really fun craft, but we learnt to start with small sizes! A rug size takes a very long time, start with a coaster size! This mostly involves scraps of old fabric. Although, we did have to purchase jute fabric and latch hooks for this craft.
- **Silhouette Magazine Art** Everyone makes a collage out of old paper or magazines. After that is done, they can either make their own silhouette (a stencil shape cut out of black paper e.g. leaves, an animal, or words) or have a pre-made one to stick on top of it. Hopefully, when it is finished, pops of colour will emerge through the stencil. We linked this to a session we were doing on sorrow where we focused on how God sees us in our sorrow. Being able to look through the block of colour stencil to see the splashes of colour underneath was to help reflect how God sees us even in the midst of our struggles and pain.
- **Teabag Art** We have used tea bags for many things in crafts! They make excellent canvases. You can paint on them in a lot of mediums and colour with colouring pencils.
 - (Sometimes, people love to help and can bring in materials, if you are worried about re-using used teabags and hygiene, it may be best to collect the teabags from Church where several have been used to make up flasks or large amounts of tea on a Sunday. Then, there is no worry about where they have come from. You just need to dry the teabag out and empty its contents. You can also use unused ones which you can immediately empty and use.)
- **Teabag Journals** Sticking teabags together can turn into pages, and you can make a journal. If you keep the teabag intact, you can even have pockets to keep extra notes! We made these at the beginning of a series and each week there was a truth about God which they could stick onto a new page.
- **Junk journals** We have made journals out of scraps of paper. People have written down things that mean a lot to them as we have gone through the sessions. This just requires choosing enough pieces of scrap paper and sewing them together with string in the middle.
- Masking Tape Painting This is an easy one that is very accessible. You can put the masking tape onto a canvas or special paint paper (if you have it) in any shapes you like. You can then paint over this and when it is dry, you pull away the tape and it leaves a really beautiful design.
- Stain glass painting affect This just requires Crayola pens, a spray bottle of water and cling film. Crayola pens can be made into watercolour paints when water is added to them. Each person is given the right size piece of cling film for their canvas/watercolour paper. They then colour on the cling film with their Crayola pens. Once they are done, you spray water on the cling film and this makes all the colours run together. You then turn the cling film onto the canvas and move it around until it is all covered. When you remove it, it should have left behind a stain glass window-esque affect. You can then paint on with black paint (or any other colour) or using marker pens, outline a border and design so that the finished product looks like a stain glass window. This is a very forgiving craft so is very accessible.

This is by no means an exhaustive list, but should give some ideas! If you would like to ask any questions about the crafts listed here, or want more information on how they work or link to the sessions, please contact becky.trinitychurcheverton@gmail.com.

If you have any other ideas or crafts you have done that have worked well, we would love to hear about them as well!

